

**buddha-bar beach**  
by **buddha-bar**<sup>™</sup>

ABATON - CRETE  
Restaurant • Bar • Beach Club

Cocktails & Drinks

# Signature Cocktails



White Princess 伊佛	20
Gin, sake, lemongrass, sisho, lime, passion fruit, vanilla	
Wabi Sabi 伊佛	18
Whiskey, mango, chamomile, herbs, lemon	
Ultimate Pina	18
Blend of Caribbean aged rums, toasted pineapple, hazelnut, citrus	
Coco Zombie	20
Blend of Caribbean aged rums, mango, coconut, passion fruit, spices, citrus	
ABATON Paloma	18
Tequila blanco, fig, lime, grapefruit soda	
Melon Smash	18
The Botanist Gin, melon, cucumber, lime, basil	
Tropical Paradise	18
Vodka, lime, tropical soda	
Oaxaca Spirit	18
Tequila blanco, aperol, pink oleo, lime, pink grapefruit soda	

Exotic Icon	18
Vodka, mango, banana, tonka, lime	
Metaxa Americano	18
Metaxa 5*, campari, pink grapefruit soda	

## Spritz & Coffee Cocktails

Abaton spritz	18
Aperol, pink grapefruit, strawberry, rose wine	

Mediterranean Lemon spritz	14
Limoncello, Prosecco, Soda	

Cretan Bliss spritz	14
Cretan herbs blend, Greek Spirit, Fig leaf soda	

Spritzaki	14
Rumours Gin, Campari, Cherry soda, vanilla	

Aperol spritz	15
Aperol, prosecco, soda	

Espresso martini	18
Vodka, vanilla, milk, coffee foam	

Coffee negroni	17
Gin, sweet vermouth, bitter liqueur, coffee beans	

## Mocktails

Virgin Paloma	14
Tequila 0%, lime, grapefruit soda	
No-groni	14
Gin 0%, bitter syrup, wine 0%	
Raspberry rumble	14
Gin 0%, lime, raspberry syrup	
Colada free	13
Pineapple juice, coconut cream	

## Perfect Served Gin & Tonic

In our collection from all over the world you will find gin with floral, spices, citrus and herbal notes.

Rumours London dry gin tonic & thyme and cherry tomato	11
Star of Bombay tonic & pink grapefruit and lemon	14
Bombay Bramble (raspberry & blackberry) cherry soda & mint and lime	12

Mataroa Mediterranean tonic & celery and basil	12
Grace tonic & green olives and cucumber	12
Alkkemist Mediterranean tonic & orange and fennel	15
Tanqueray No. Ten tonic & pink grapefruit and lime	14
Portobello tonic & pink grapefruit and orange	14
Hendrick's tonic & celery and cucumber	14
The Botanist spruce tonic & rosemary and bay leaf	18
Monkey 47 tonic & strawberry and berries	20
Gin Mare tonic & cherry tomato and basil	18
Roku cherry blossom tonic & kaffir lime and berries	18

# Beers

## Lager

### BLONDE LAGER

Stella Artois draught 6  
Belgium / 330ml

Stella Artois draught 7  
Belgium / 500ml

Stella Artois 7  
Belgium / 330ml

Heineken 7  
Netherlands / 330ml

Asahi 8  
Japan / 330ml

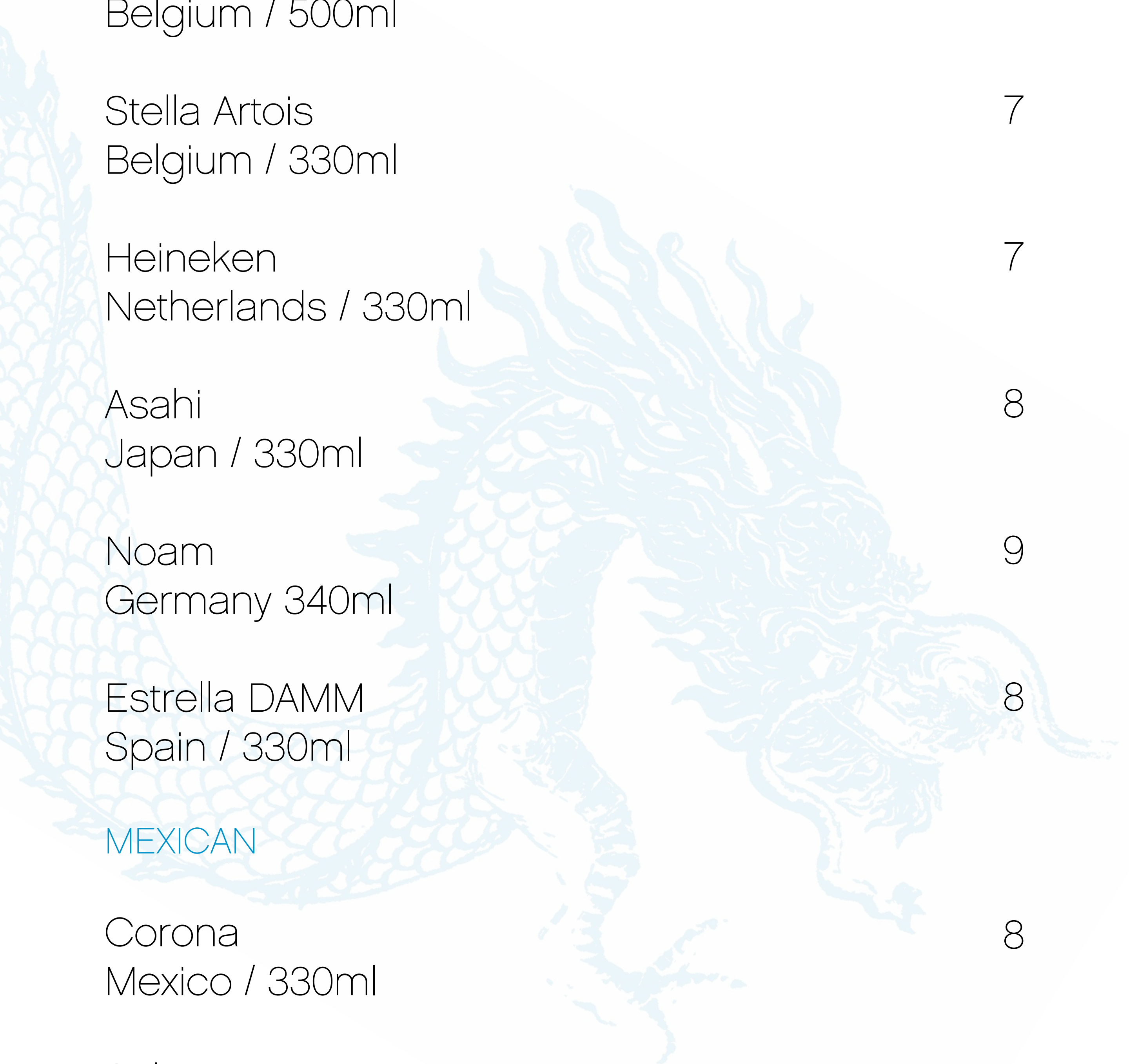
Noam 9  
Germany 340ml

Estrella DAMM 8  
Spain / 330ml

### MEXICAN

Corona 8  
Mexico / 330ml

Sol 8  
Mexico / 330ml



## ALCOHOL FREE

Corona Cero 0% 7  
Mexico / 330ml

Stella 7  
Belgium / 330ml

## LOW CALORIES - LOW ALCOHOL

Mythos Radler lemon 7  
Greece / 330ml

## PILSNER

Eza pilsner 7  
Greece / 330ml

Notos pilsner 7  
Greece / 330ml

## Ale

### INDIAN PALE ALE

Kasta immortal 8  
Crete / 330ml

### STOUT

Kasta Stout 8  
Crete / 330ml

### AMERICAN PALE ALE

Lafkas white mountains 8  
Crete / 330ml



## WEISS

Notos Weiss 8  
Crete / 500ml

Paulaner 8  
Germany / 500ml

## TRAPIST

Chimay blue 10  
Belgium / 330ml

## CIDER

Milokleftis Forbidden Apple 7

Milokleftis Tropical Crush 7

## Wellness Coffee

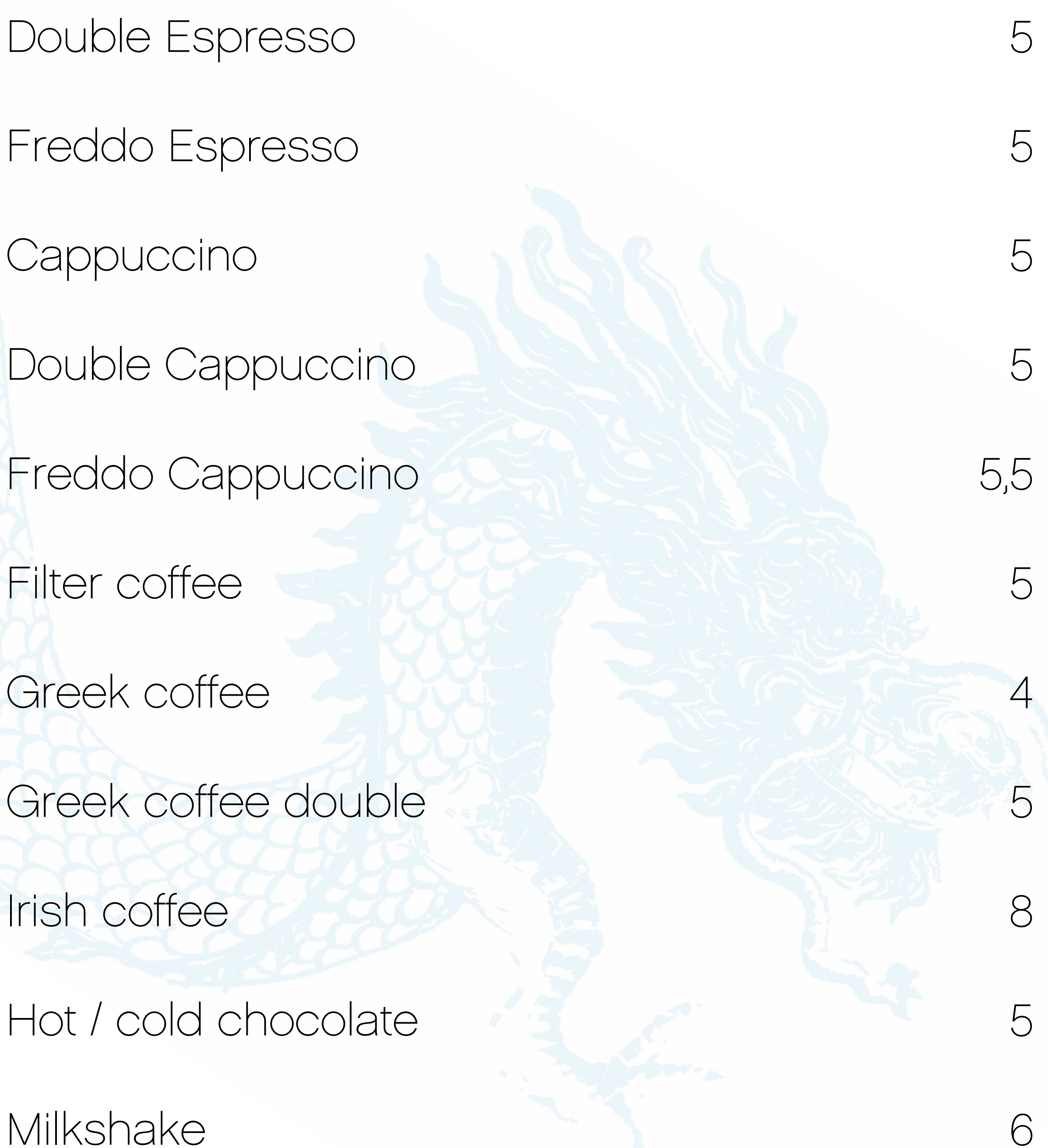
Matcha Latte 6  
Oat, Coconut or Almond milk

Matcha iced Latte 6  
Oat, Coconut or Almond milk

Turmeric Elixir 8  
Turmeric, Mango, Passion fruit, Coconut milk, Maple or Honey syrup, Cinnamon

Coco Matcha 8  
Almond milk, Coconut, Lemongrass, Agave syrup, Cinnamon, Himalayan salt

# Coffee



Espresso Tonic	6
Espresso, Aegean tonic, Lemon twist	
Hot Nescafé	4
Cold frappé	5
Espresso	3,5
Double Espresso	5
Freddo Espresso	5
Cappuccino	5
Double Cappuccino	5
Freddo Cappuccino	5,5
Filter coffee	5
Greek coffee	4
Greek coffee double	5
Irish coffee	8
Hot / cold chocolate	5
Milkshake	6

# Tea Project

## GREEN

Bio 5

Origin: Shri lanka

Aromas : caramel, roses, quince

\*Its long twisted leaves resemble needles and have been hand-wrapped with great mastery

Sencha 5

Ginger, black pepper

Origin: Japan

Aromas: sweet and spicy with licorice aftertaste

Gunpowder bio 5

Origin: China

Aromas: Strong and spicy lightly smoke aromas

Rose of Isfahan

Roses, pineapple, lemon

Origin: China

Aromas: Sweet & sour, floral, fresh

## BLACK

Darjeeling Maharani Hills 5

Origin: India

Aromas: Fresh, floral and full of aroma

\*From the Maharani Hills, one of the most famous parts

of Darjeeling Margaret's Hope at an altitude of over 2000m

Earl Grey Bio 5  
bergamot  
Origin: China  
Aromas: Floral and citrus aromas

English Breakfast Bio 5  
Origin: India  
Aromas: Citrus aromas, balance,  
long aftertaste  
Saffron, cloves, lemon  
\*A blend of organically grown black teas  
from the Nilgiri plantations of South India.

Saffron Chai 5  
Saffron, cloves, lemon  
Origin: India  
Aromas: Spices aromas, long aftertaste  
\*A blend of organically grown black tea  
from the Nilgiri plantations  
of South India. It is produced exclusively  
in Yunnan Province,  
southwest China, from leaves of the  
assamica variety.

## WHITE

Yin Zhen 5  
Origin: China  
Aromas: Spring fruits and grassy aromas  
\*The «Silver Needles» are collected in the  
first days of Spring to preserve the silver  
and white fluff of the buds.

## OOLONG

Aged Oolong

7

Origin: Taiwan

Aromas: Deep flavor, cinnamon  
& pine & chestnut aromas

\*Eight year old oolong from Taiwan's  
Mingjian Province. Aging a tea  
requires roasting the leaves every 1, 2  
or 3 years to remove  
excess moisture.

A delicate and difficult process that  
requires the experienced hands  
and nose of a tea craftsman.

## PU'ER

Simao

5

\*High quality organic Pu'Er tea, which  
you produce  
with an accelerated  
fermentation process.

China

earthy & woody aromas

## MATCHA

Uji Bio

5

\*The leaves are shaded for 3 weeks,  
thus acquiring their characteristic  
sweet taste. Once collected, the  
veins and stalk are removed and  
ground in a stone mill until powdered.  
Matcha, extremely rich in antioxidants  
vitamins and minerals.

Japan

Aromas: Grassy & fresh aromas

## HERBS

Abaton Cretan herbs blend 5

Sage, dictamnus, wild mountain tea, wild mint, chamomile

\*Native herbs of the mountainous areas of Crete in a mixture with beneficial properties for health. Particularly relaxing and tonic for the stomach, ideal for all hours of the day.

Crete

Aromas: sweet & floral aromas

Rooibos 5

\*The Rooibos plant grows exclusively in Cederberg, a small mountainous area in the Western Cape province of South Africa. It can be consumed by everyone as it does not contain any tein.

South Africa

Aromas: Honey & apple aromas

Chamomile 5

\*Deeply rooted in the tradition of the Greeks for its healing properties known since antiquity. We usually drink it because it relaxes us as it does not contain any tein.

Greece

Aromas: sweet & floral aromas

# Beverages & Juices



<b>μ.</b> Artisan Water (Still) 0,25lt	2,5
<b>μ.</b> Artisan Water (Still) 0,7lt	5
Aqua panna 0,75lt	7
<b>μ.</b> Artisan Water (Sparkling) 0,25lt	3
<b>μ.</b> Artisan Water (Sparkling) 0,7lt	5
San Pellegrino 0,75lt	8
Fresh orange juice	5
Fresh seasonal fruit juice	7
Juice from carton	4
Homemade Lemonade	6
Ginger Lemonade	7
Pink grapefruit lemonade	7
Coca cola / Zero / Light/ 0% caffeine	4
Sprite	4
Fanta lemon / Orange	4
Soda	4
Ginger beer / Pink grapefruit soda Cherry soda / Fig leaf soda	6
Red Bull	6

