

buddha-bar beach
by **buddha-bar**[™]

ABATON - CRETE
Restaurant • Bar • Beach Club

Lunch & Dinner Menu

Family & Friends Style

70 per person
minimum 4 people

Appetizers

Wakame salad with, carrot, cucumber
daikon & sesame

H VG GF DF 

Handmade spring rolls

V VG H 

Fried shrimps with jalapenos &
coriander mayonnaise

NF SF DF

Shiki rolls uramaki (8 pieces)

Main Courses

Surf and turf rice with Prawn, beef, chives, chili and sesame mayonnaise

Black pork loin breaded with panko, smoked potato salad & honey soy sauce

Black cod marinated in den miso with grilled asparagus & dry miso yuzu olive oil

Vegetables roasted with orange miso and quinoa
H VG

Extras on the side

Fried rice with shrimps, vegetables, egg

Grilled vegetables

Baby potatoes

Desserts

Exotic DF VG 

Vegan mango–passion fruit crèmeux, pineapple–lime compote, coconut, and pineapple–coconut sorbet.

Black Sesame V VG 

Vegan black sesame crèmeux, mandarin coulis, black sesame pasteli, and mandarin sorbet.

Appetizers

Salt edamame   V NF DF H GF SF 8

Spicy edamame    V NF DF H GF SF 8

Wakame salad with, carrot, cucumber,
daikon & sesame  H VG GF DF 18

Handmade spring rolls V VG H  10

Fried Shrimp gyoza, seaweed
& lime sauce 22

Crab cake, mango salsa 22

Bao Buns with shrimp, carrot, cucumber,
chili, cabbage, coriander & smoked
Japanese mayonnaise 22

Fried shrimps with jalapenos & coriander
mayonnaise NF SF DF 22

Tartare / Ceviche

Tuna tartare Tacos with spicy mayo
& kimchi sesame 24

Beef carpaccio with soy, arugula
and sesame mayo 26

Sea bream Ceviche with rocket, tomato,
avocado & jalapeño dressing 22

Shrimp carpaccio, yuzu, olive oil,
ginger, chili & black tobikko 26

Tuna tataki with truffle mayo & yuzu soy 22

Oysters (per piece) 10



Yaki Grill

Chicken yakitori with hoisin sauce	22
Beef tataki with Soy-honey glaze	26
Spareribs BBQ	22
Prawn Nikkei chimichurri	22
Beef Sirloin skewers with ponzu	26
Salmon skewers with teriyaki	24
Grilled asparagus, togarashi aioli	16
Broccoli with tahini sauce	16

Wagyu Experience Family & Friends Style

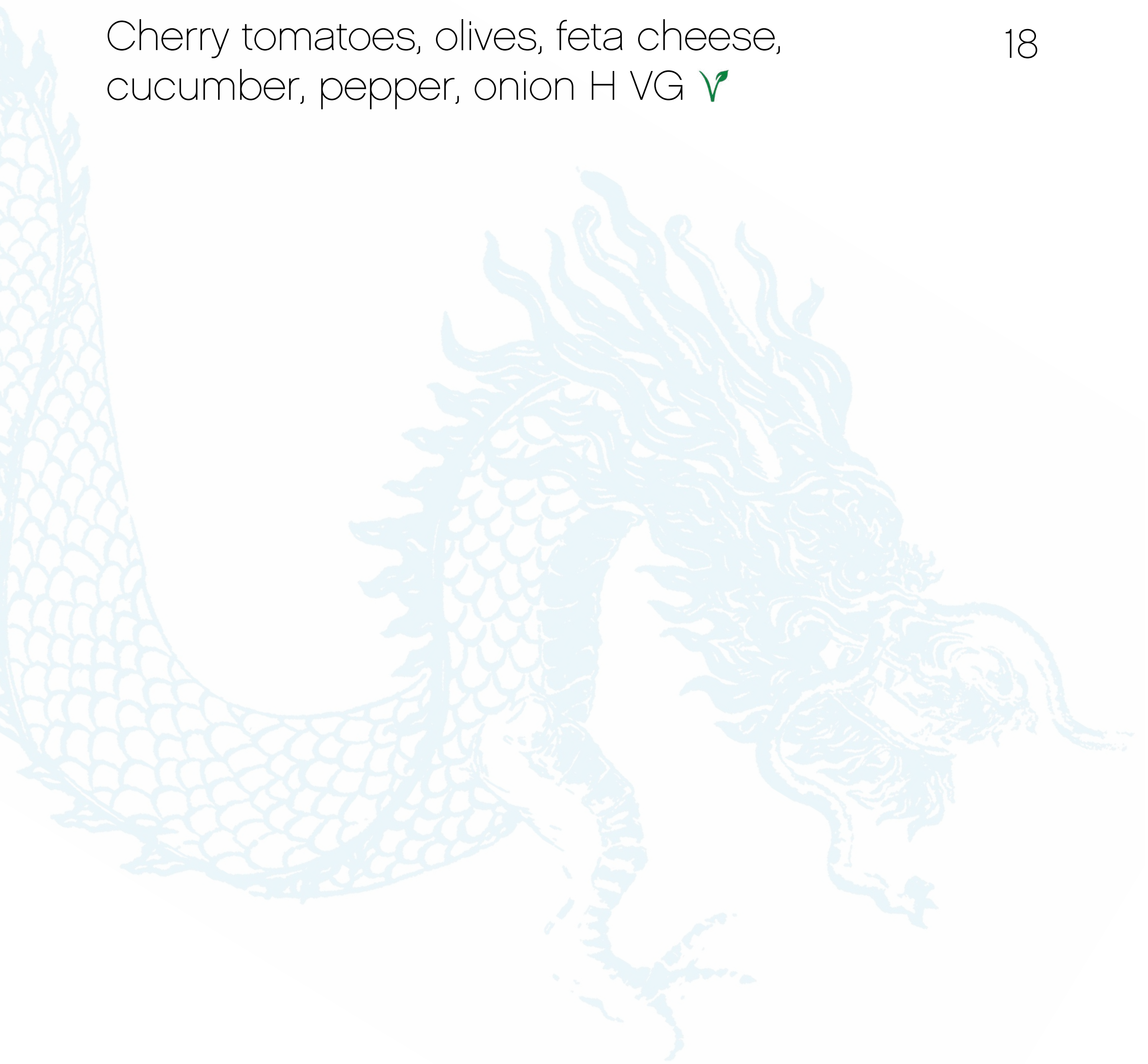
Family-Style Wagyu Grill	76
Wagyu Australian Striploin 200gr	
Wagyu Japan A5 Striploin 200gr	152

Salads

Buddha Bar salad, grilled chicken, Chinese cabbage, coriander, honey & mustard sauce 18

Quinoa Prawn Salad with broccoli, edamame, almond flakes, parsley, avocado cream & lime curry H V VG GF DF ✓ 18

Cherry tomatoes, olives, feta cheese, cucumber, pepper, onion H VG ✓ 18



Main Courses

Vegetables roasted with orange miso and quinoa H VG	24
Black cod marinated in den miso with grilled asparagus & dry miso yuzu olive oil	34
Udon noodles with salmon, vegetables, curry & furikake	32
Black pork loin breaded with panko, smoked potato salad & honey soy sauce	30
Surf and turf rice with Prawn, beef, chives, chili and sesame mayonnaise	36
Wagyu striploin 300gr with parsnip purée	98

Extras on the side

Steamed rice	10
Fried rice, shrimps, vegetables, egg	18
Buddha Bar noodles	16
Grilled vegetables	14
Baby Potatoes	14

Nigiri

PRICE PER PIECE

Wagyu Beef A5 22

Hamachi – Amberjack 16

Ebi – Shrimp 16

Shake – Salmon 16

Tai – Sea bream 16

Maguro – Tuna 16

Sashimi

3P.

Maguro – Tuna 24

Hamachi – Amberjack 24

Tai – Sea bream 24

Shake – Salmon 24

Sushi Experience

4P.

8P.

Cucumber rolls maki (sushi rice, cucumber)	8	16
Salmon Avocado rolls maki (salmon, avocado, cream cheese)	14	24
Pink lady rolls maki (pink mamenori, cucumber, shrimp tempura, sweet chilly)	13	26
Crab tempura fried rolls (crab meat, avocado, carrot, sesame, spicy mayo, tobikko red and gold)	14	28
Crispy veggie rolls maki (cucumber, avocado, mango, carrot, wakame, tobikko wasabi)	12	24
New California mango rolls uramaki (cucumber, crab meat, mango, avocado, sesame, Japanese mayo)	14	28
Shiki rolls uramaki (cucumber, avocado, mango, lime mayo, seabass fillet, black tobikko)	14	28
Spicy tuna rolls uramaki (avocado, cucumber, carrot, spicy mayo, fried onion chilly)	16	32

4P.

8P.

Strawberry shrimp rolls uramaki (cucumber, avocado, shrimp tempura, red tobikko, strawberry sauce)	14	28
Toryofu rolls uramaki (cucumber, avocado, truffle mayo, shrimp tempura, tuna, salmon, fried panko, chives)	16	32
Volcano rolls uramaki (shrimp, Cajun seasoned, carrot, avocado, coriander, Japanese mayo)	16	32
Spicy salmon rolls uramaki (cucumber, pickled carrot, spicy mayo, sesame kimchi)	14	28



Buddha Bar Selection

24 PIECES

Sashimi: 90

Shake-Salmon 2pcs,
Maguro-Tuna 2pcs

Nigiri:
Ebi-Shrimp 2pcs,
Tai-Sea bream 2pcs

Rolls:
Crispy veggie rolls maki 8pcs,
Toryofu rolls uramaki 8pcs

Assortment of Rolls

18 PIECES

Sashimi: 60

Maguro – Tuna 2pcs

Rolls:
Salmon Avocado rolls maki 8pcs,
Shiki rolls uramaki 8pcs

Desserts

Exotic DF VG 	14
Vegan mango–passion fruit crèmeux, pineapple–lime compote, coconut, and pineapple–coconut sorbet.	
Black Sesame V VG 	14
Vegan black sesame crèmeux, mandarin coulis, black sesame pasteli, and mandarin sorbet.	
Yuzu VG 	14
Yuzu mousse, Matcha biscuit, chocolate soil, lime gel, and matcha–yuzu–lemon sorbet.	
Passion Crème Brûlée VG 	14
Classic Crème brûlée with caramelized brown sugar, caramelized white chocolate ice cream, and passion fruit.	
Fresh fruit platter	14
Ice cream & sorbet selection (per scoop)	5

You are kindly requested to contact the restaurant manager if you suffer from any food allergy or intolerance to any product or substance.

We will be happy to inform you about the ingredients we use to prepare the dishes or, if you prefer, we can prepare a substitute dish for you. This Establishment does not accept checks.

 = Signature Dish  = Vegetarian / Vegetarisch / Végétarien
 = Spicy

V Vegan / Vegan / Végétalien

GF Gluten free / Glutenfrei / Sans gluten*

SF Soy free / Sojafrei / Sans soja

DF Dairy free / Milchfrei / Sans produit laitier

NF Nut free / Nussfrei / Sans noix

H Healthy / Gesund / Sain

All courses may contain traces of wheat, barley, rye or triticale.

Inspection Representative: Markos Pratsinakis.

Prices include all legal taxes and service charges.

Customers may refuse to pay if the restaurant does not issue a valid tax receipt or invoice for their purchase(s).

All prices are in euro.