



buddha-bar beach
by **buddha-bar**[™]

ABATON - CRETE
Restaurant • Bar • Beach Club

Cocktails & Drinks

Lemonades

Homemade Lemonade 6

Ginger Lemonade 7

Pink Grapefruit Lemonade 7

Ice Teas

Berries 6

Raspberry tea, strawberry, hibiscus

Green Tea 6

Green tea, jasmine, elderflower

Citrus 7

Citrus blend, chamomile, honey

Yoko Matcha 7

(Bio, Gluten Free, Vegan) 330ml.



Sodas

Pina colada 6
Pineapple, coconut, bubbles

Tropical 6
Passion fruit, blood orange,
orange, bubbles

Strawberry mojito 7
Strawberry, lime, mint, bubbles

Energy Shots

Vigo Kombucha 6
(Curcumin, Pepper) 100ml

Vigo Kombucha 6
(Accerola, ginger) 100ml



Cold Press Juices

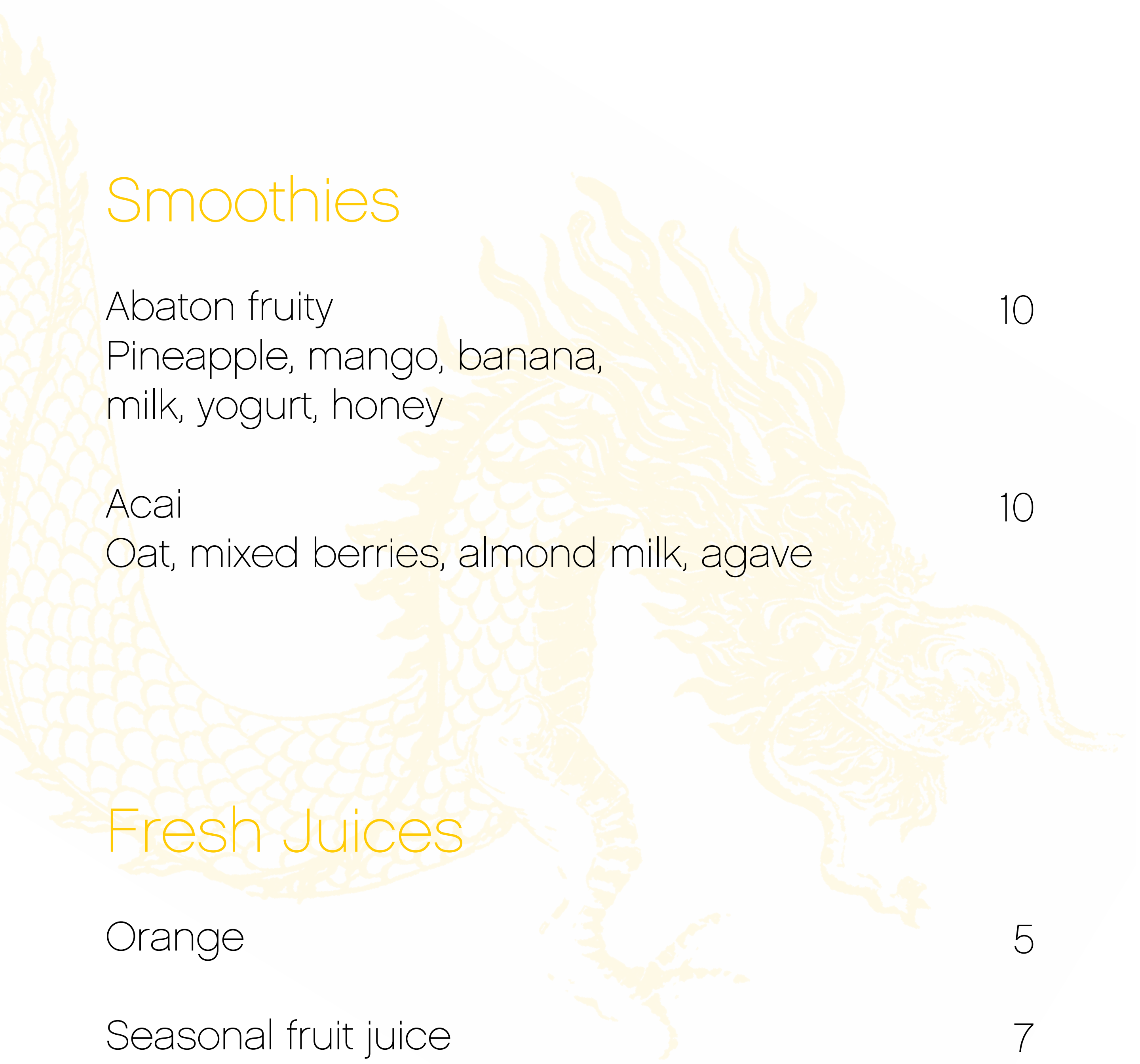
- Passion cooler 8
Red apple, passion fruit, carrot, orange
- Purple detox 8
Beetroot, strawberry, ginger, cherry

Smoothies

- Abaton fruity 10
Pineapple, mango, banana, milk, yogurt, honey
- Acai 10
Oat, mixed berries, almond milk, agave

Fresh Juices

- Orange 5
- Seasonal fruit juice 7



Signature Cocktails



White Princess 伊佛	20
Gin, sake, lemongrass, sisho, lime, passion fruit, vanilla	
Wabi Sabi 伊佛	18
Whiskey, mango, chamomile, herbs, lemon	
Ultimate Pina	18
Blend of Caribbean aged rums, toasted pineapple, hazelnut, citrus	
Coco Zombie	20
Blend of Caribbean aged rums, mango, coconut, passion fruit, spices, citrus	
Abaton Paloma	18
Tequila blanco, fig, lime, grapefruit soda	
Melon Smash	18
The Botanist Gin, melon, cucumber, lime, basil	
Tropical Paradise	18
Vodka, lime, tropical soda	
Oaxaca Spirit	18
Tequila blanco, aperol, pink oleo, lime, pink grapefruit soda	

Exotic Icon	18
Vodka, mango, banana, tonka, lime	
Metaxa Americano	18
Metaxa 5*, campari, pink grapefruit soda	

Spritz & Coffee Cocktails

Abaton spritz	18
Aperol, pink grapefruit, strawberry, rose wine	
Mediterranean Lemon spritz	14
Limoncello, Prosecco, Soda	
Cretan Bliss spritz	14
Cretan herbs blend, Greek Spirit, Fig leaf soda	
Spritzaki	14
Gin, Campari, Cherry soda, vanilla	
Aperol spritz	15
Aperol, prosecco, soda	
Coffee martini	18
Vodka, vanilla, milk, coffee foam	
Coffee negroni	17
Gin, sweet vermouth, bitter liqueur, coffee beans	

Mocktails

Virgin Paloma Tequila 0%, lime, grapefruit soda	14
No-groni Gin 0%, bitter syrup, wine 0%	14
Raspberry rumble Gin 0%, lime, raspberry syrup	14
Colada free Pineapple juice, coconut cream	13

Perfect Served Gin & Tonic

In our collection from all over the world you will find gin with floral, spices, citrus and herbal notes.

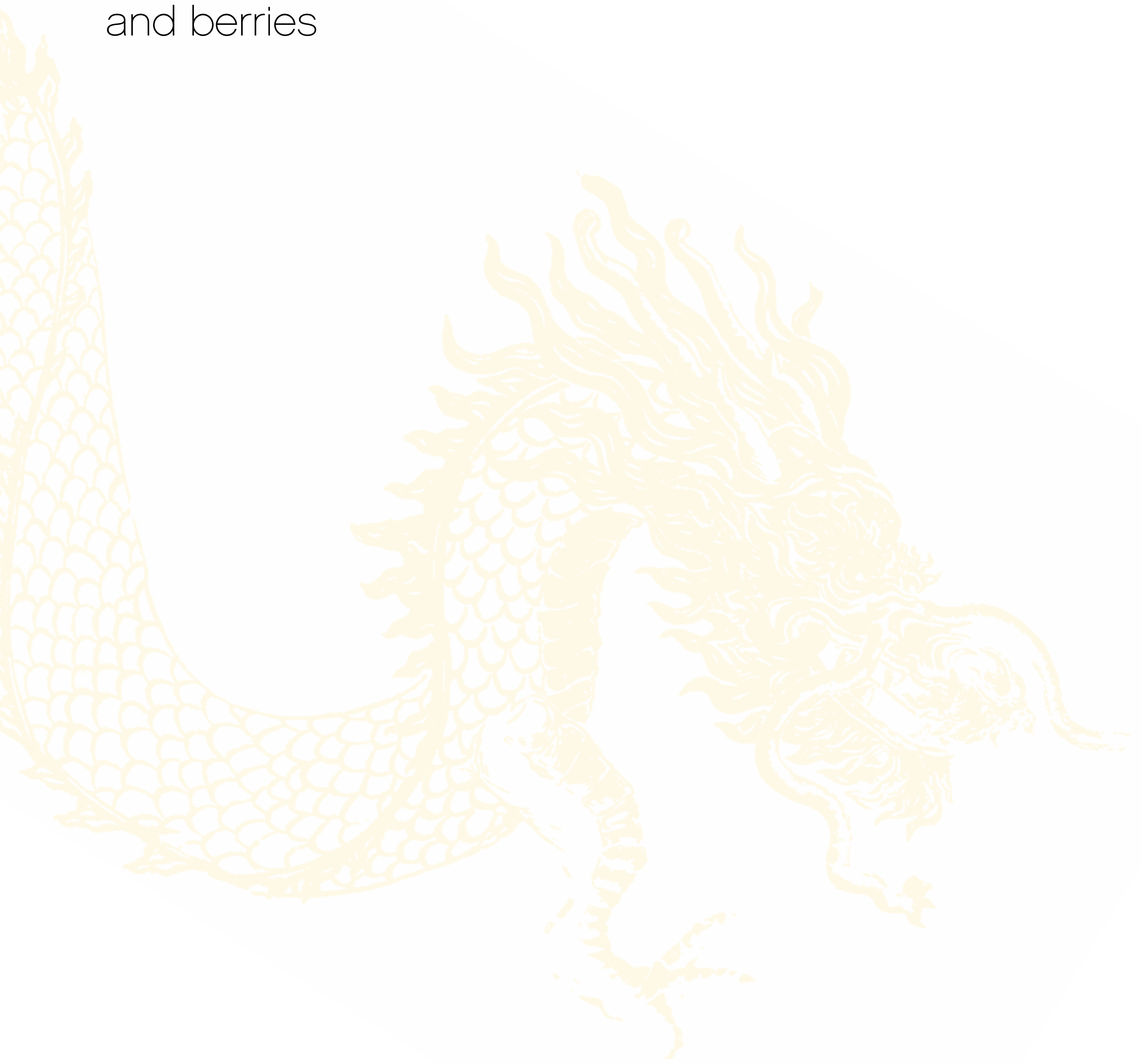
Rumours London dry gin tonic & thyme and cherry tomato	11
Star of Bombay tonic & pink grapefruit and lemon	14
Bombay Bramble (raspberry & blackberry) cherry soda & mint and lime	12
Mataroa Mediterranean tonic & celery and basil	12
Grace tonic & green olives and cucumber	12
Alkkemist Mediterranean tonic & orange and fennel	15
Tanqueray No. Ten tonic & pink grapefruit and lime	14
Portobello tonic & pink grapefruit and orange	14
Hendrick's tonic & celery and cucumber	14

The Botanist 18
spruce tonic & rosemary and bay leaf

Monkey 47 20
tonic & strawberry and berries

Gin Mare 18
tonic & cherry tomato and basil

Roku 18
cherry blossom tonic & kaffir lime
and berries



Beers

Lager

BLONDE LAGER

Stella Artois draught 6
Belgium / 330ml

Stella Artois draught 7
Belgium / 500ml

Stella Artois 7
Belgium / 330ml

Heineken 7
Netherlands / 330ml

Asahi 8
Japan / 330ml

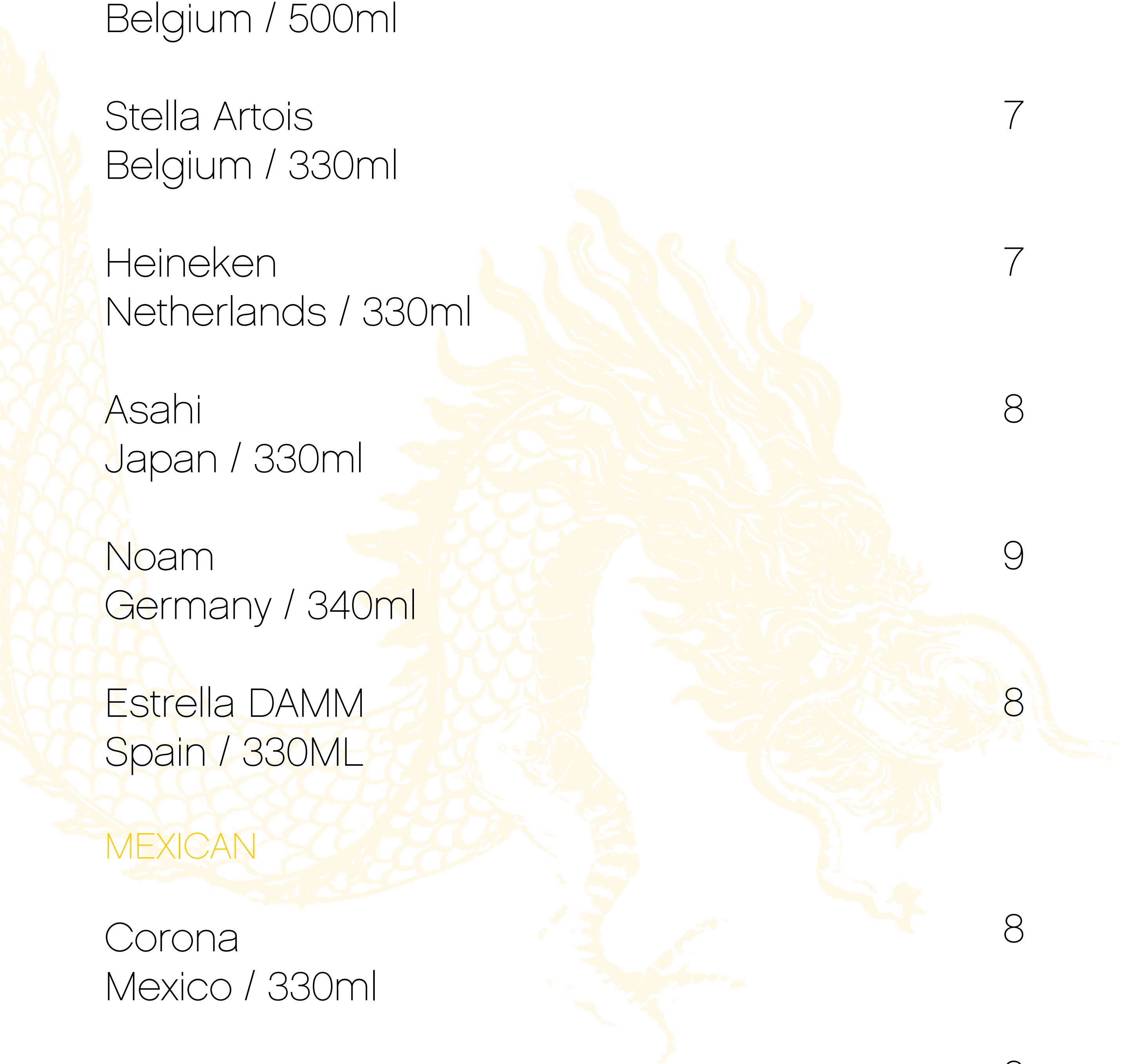
Noam 9
Germany / 340ml

Estrella DAMM 8
Spain / 330ML

MEXICAN

Corona 8
Mexico / 330ml

Sol 8
Mexico / 330ml



ALCOHOL FREE

Corona Cero 0% 7
Mexico / 330ml

Stella 7
Belgium / 330ml

LOW CALORIES - LOW ALCOHOL

Mythos Radler lemon 7
Greece / 330ml

PILSNER

Eza pilsner 7
Greece / 330ml

Notos pilsner 7
Greece / 330ml

Ale

INDIAN PALE ALE

Kasta immortal 8
Crete / 330ml

STOUT

Kasta Stout 8
Crete / 330ml



AMERICAN PALE ALE

Lafkas white mountains 8
Crete / 330ml

WEISS

Notos Weiss 8
Crete / 500ml

Paulaner 8
Germany / 500ml

TRAPIST

Chimay blue 10
Belgium / 330ml

CIDER

Milokleftis Forbidden Apple 7

Milokleftis Tropical Crush 7



SAKE

Bijito Jumnai
Japan 10 / 55 (bottle price)

Bijito Jumnai Ginjo
Japan 11 / 60 (bottle price)

Akashi honjozo Ginjo
Japan 12 / 65 (bottle price)

Akashi Jumnai Daiginjo
Japan 80 (bottle price)

Dassai 45 Junmai Daiginjo
Japan 90 (bottle price)

Dassai 39 Junmai Daiginjo
Japan 130 (bottle price)

Dassai 23 Junmai Daiginjo
Japan 250 (bottle price)

Iwa 5 Jumnai Daiginjo
Japan 400 (bottle price)

Wines by the Glass

CHAMPAGNE

France

Deutz Brut Classic 19
Maison Deutz, Chardonnay, Pinot Noir,
Pinot Meunier, Champagne

ROSÉ CHAMPAGNES

France

Drappier Rosé De Saignee 22
Pinot Noir, Meunier, Chardonnay, Urville,
Reims, France

SPARKLING WINES

Greece

Akakies Rosé 12
Kir-Yianni Estate, Xinomavro, Macedonia

Vidiano Douloufakis 11
Winery Douloufakis, Vidiano, Heraklion,
Crete

Italy

La Farra DOC 12
Prosecco Trevis, Glera, Veneto

Moscato d' Asti Muray 11
Beppe Marino, Moscato, Piemonte

La Farra Rosé DOC 13
Prosecco Glera, Pinot Nero, Veneto

SPAIN

Mucho Mas 0.0 9
Mucho Mas, Sauvignon Blanc, Spain

WHITE WINES

Greece

Tsikrikonis Winery Malagousia 12
Tsikrikonis Winery, Malagousia,
Macedonia

Terra Nera, 14
Karamolegos Winery, Assyrtiko, Santorini

Tomi 9
Troupis Winery, Moschofilero,
Peloponnesse

Moinoterra 10
Moschato Spinass, Heraklion

Ocean 10
Idaia Winery, Thrapsathiri, Heraklion

Vidiano Garakis Winery 11
Garakis Winery, Vidiano, Heraklion

Monarch 11
Hetero Wines, Sauvignon Blanc,
Amyntaion

Efivos 9
Winery Gavalas, Sauvignon Blanc,
Muschat of Spinas, Vilana, Heraklion

Château Nico Lazaridi 12
Nico Lazaridi Winery, Sauvignon Blanc,
Assyrtiko, Malagousia, Macedonia

France

Chablis Jean-Marc Brocard 16
Domaine Jean-Marc Brocard,
Chardonnay, Burgundy

Italy

La Farra 10
Pinot Grigio, Veneto

New Zealand

Black Cottage 13
Two Rivers Wines, Sauvignon Blanc,
Marlborough

ROSÉ WINES

Greece

Queens Rosé 9
Winery Lyrarakis, Kotsifali, Heraklion

Kapetanissa 10
Winery Amargiotakis, Liatiko, Muschat
of Spinas, Heraklion

Domaine Costa Lazaridi Rose 12
Merlot, Grenache Rouge, Agiorgitiko,
Macedonia

Fteri 9
Troupis Winery, Agiorgitiko, Moschofilero,
Peloponnesse

Alpha Estate Rosé 14
Alpha Estate, Xinomavro, Macedonia

Vera Rosa 9
Winery Strataridakis, Merlot, Muschat
of Spinass, Heraklion

France

Whispering Angel 16
Château D'esclans, Rolle, Cinsault, Syrah,
Grenache, Tibouren, Provence

Germany

Villa Wolf 11
Villa Wolf, Pinot Noir, Pfalz

RED WINES

Greece

Markovitis Red 10
Xinomavro, Naoussa

Efivos 9
Winery Gavalas, Mandilari, Kotsifali,
Syrah, Heraklion

Ocean 9
Idaia Winery, Liatiko, Heraklion

Hatzimichalis Estate 12
Domaine Hatzimichalis, Cabernet
Sauvignon, Central Greece

Nemea Aivali 11
Aivalis Winery, Agiorgitiko, Peloponnesse

France

Denis Jamain "Les Pierres Plates" Rouge 12
Pinot Noir, Loire

Italy

La Farra 10
Amjo, Cabernet Sauvignon,
Merlot, Veneto

Argentina

Altos Las Hormigas, Malbec, Mendoza 13



DESSERT WINES

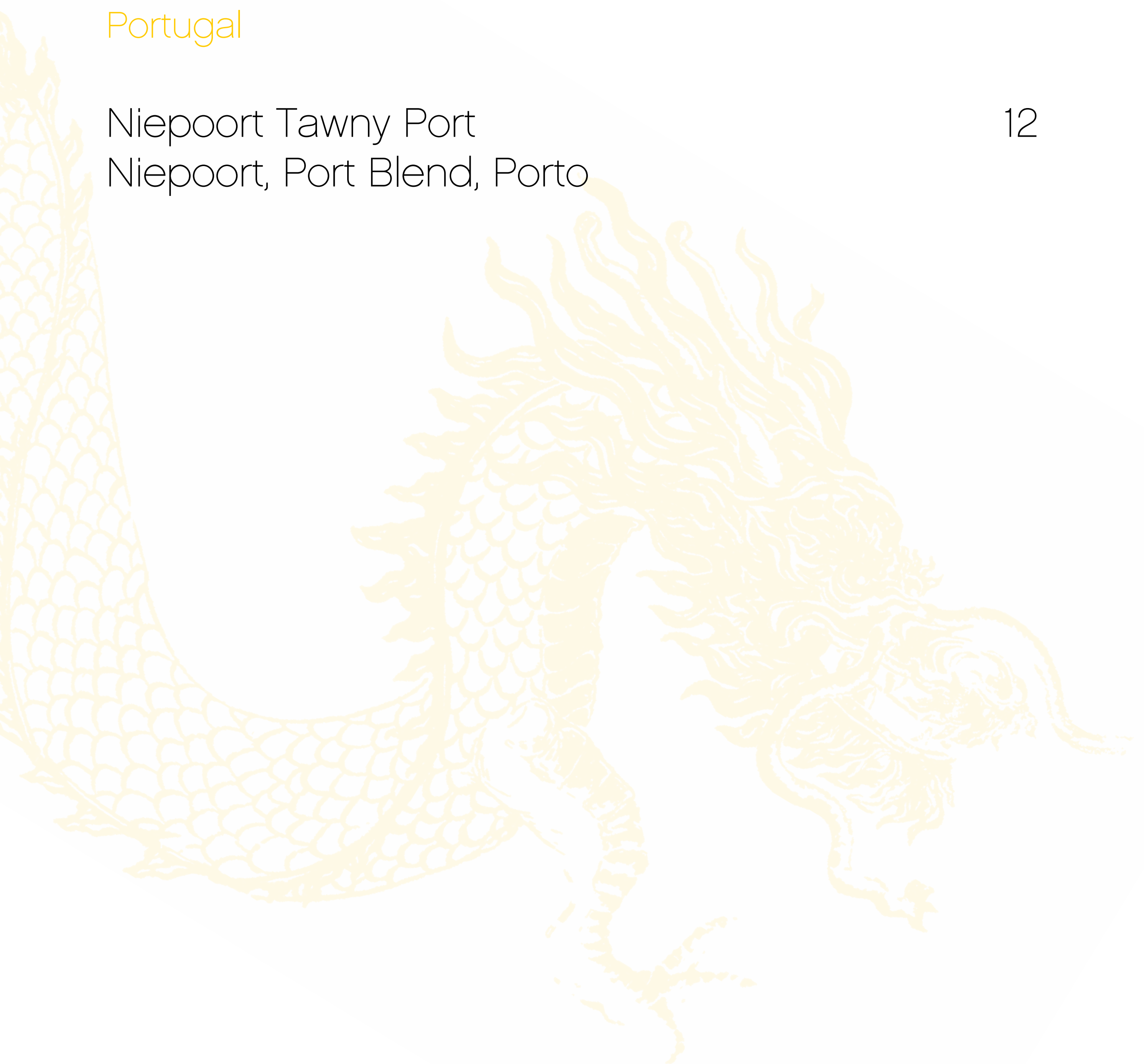
Greece

Lyrarakis Liastos 11
Lyrarakis Wines, Plyto, Dafni,
Vidiano, Vilana, Crete

Samos Doux 10
EOS Samos, Muscat, Samos

Portugal

Niepoort Tawny Port 12
Niepoort, Port Blend, Porto



Wellness Coffee

Matcha Latte 6
Oat, Coconut or Almond milk

Matcha iced Latte 6
Oat, Coconut or Almond milk

Turmeric Elixir 8
Turmeric, Mango, Passion fruit,
Coconut milk, Maple or Honey
syrup, Cinnamon

Coco Matcha. 8
Almond milk, Coconut, Lemon-
grass, Agave syrup, Cinnamon,
Himalayan salt

Coffee

Hot Nescafé 4

Cold frappé 5

Espresso 3,5

Double Espresso 5

Freddo Espresso 5



Espresso Tonic	6
Espresso, Aegean tonic, Lemon twist	
Cappuccino	5
Double Cappuccino	5,5
Freddo Cappuccino	5,5
Filter coffee	5
Greek coffee	4
Greek coffee double	5
Irish coffee	8
Hot / cold chocolate	5
Milkshake	6

Tea Project

GREEN

Bio 5

Origin: Sri Lanka

Aromas: caramel, roses, quince

*Its long twisted leaves resemble needles and have been hand-wrapped with great mastery

Sencha 5

Ginger, black pepper

Origin: Japan

Aromas: sweet and spicy with licorice aftertaste

Gunpowder bio 5

Origin: China

Aromas: Strong and spicy lightly smoke aromas

Rose of Isfahan 5

Roses, pineapple, lemon

Origin: China

Aromas: Sweet & sour, floral, fresh

BLACK

Darjeeling Maharani Hills 5

Origin: India

Aromas: Fresh, floral and full of aroma

*From the Maharani Hills, one of the most famous parts of Darjeeling Margaret's Hope at an altitude of over 2000m

Earl Grey Bio 5
bergamot
Origin: China
Aromas: Floral and citrus aromas

English Breakfast Bio 5
Origin: India
Aromas: Citrus aromas, balance
long aftertaste
Saffron, cloves, lemon
*A blend of organically grown black teas from the Nilgiri plantations of South India.

Saffron Chai 5
Saffron, cloves, lemon
Origin: India
Aromas: Spices aromas, long aftertaste
*A blend of organically grown black tea from the Nilgiri plantations of South India. It is produced exclusively in Yunnan Province southwest China, from leaves of the assamica variety.

WHITE

Yin Zhen 5
Origin: China
Aromas: Spring fruits and grassy aromas
*The «Silver Needles» are collected in the first days of Spring to preserve the silver and white fluff of the buds.

OOLONG

Aged Oolong

7

Origin: Taiwan

Aromas: Deep flavor, cinnamon
& pine & chestnut aromas

*Eight year old oolong from Taiwan's
Mingjian Province. Aging a tea
requires roasting the leaves every
1, 2 or 3 years to remove excess moisture.
A delicate and difficult
process that requires
the experienced hands
and nose of a tea craftsman.

PU'ER

Simao

5

*High quality organic Pu'Er tea,
which you produce with an
accelerated fermentation process.

China

Aromas: Earthy & woody aromas

MATCHA

Uji Bio

5

*The leaves are shaded for 3 weeks,
thus acquiring their characteristic sweet
taste. Once collected, the veins and stalk
are removed and ground in a stone mill
until powdered. Matcha, extremely rich in
antioxidants vitamins and minerals.

Japan

Aromas: Grassy & fresh aromas

HERBS

Abaton Cretan herbs blend 5

Sage, dictamnus, wild mountain tea,
wild mint, chamomile

*Native herbs of the mountainous areas
of Crete in a mixture with beneficial
properties for health. Particularly relaxing
and tonic for the stomach, ideal for all
hours of the day.

Crete

Aromas: sweet & floral aromas

Rooibos 5

*The Rooibos plant grows exclusively in
Cederberg, a small mountainous area
in the Western Cape province of South
Africa. It can be consumed by everyone
as it does not contain any tein.

South Africa

Aromas: Honey & apple aromas

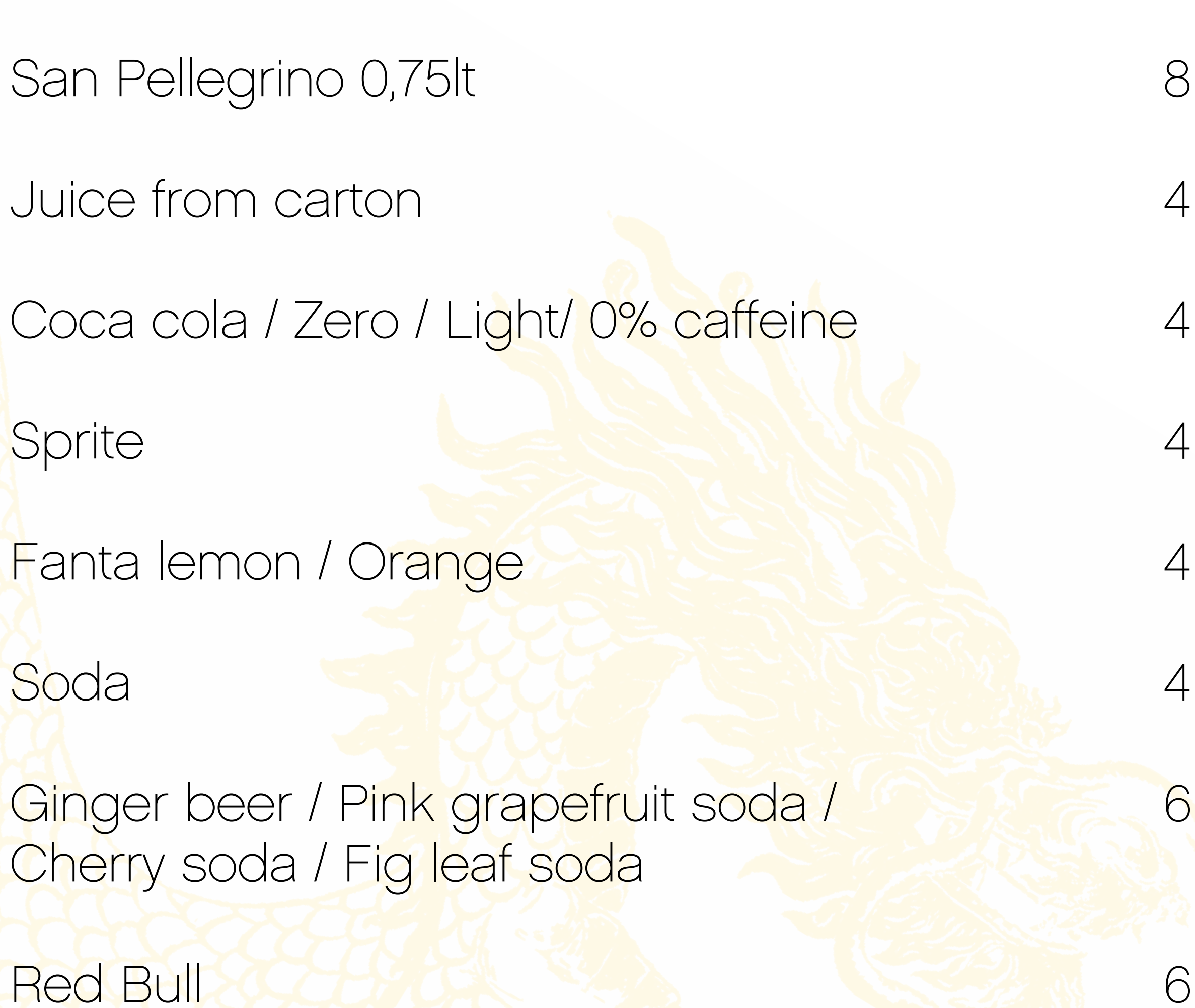
Chamomile 5

*Deeply rooted in the tradition of the
Greeks for its healing properties known
since antiquity. We usually drink it
because it relaxes us as it does not
contain any tein.

Greece

Aromas: sweet & floral aromas

Beverages & Juices



Pet Still Water 1lt	5
Aqua panna 0,75lt	7
Pet Sparkling Water 1lt	5
San Pellegrino 0,75lt	8
Juice from carton	4
Coca cola / Zero / Light/ 0% caffeine	4
Sprite	4
Fanta lemon / Orange	4
Soda	4
Ginger beer / Pink grapefruit soda / Cherry soda / Fig leaf soda	6
Red Bull	6

佛 = Signature Cocktail

Market Inspection Representative: Markos Pratsinakis
All prices are in euro. Prices include all legal taxes and
service charges.

Customers may refuse to pay if the restaurant
does not issue a valid tax receipt or invoice for their
purchase(s).